

# Primary Menu October

|                               | Monday  | Tuesday   | Wednesday   | Thursday  | Friday   |
|-------------------------------|---|---|---|---|--|
| <b>Week One</b><br>28/9/20    | Chicken Curry & Rice /Peas<br><br>Vanilla Cookie                | Steak Burger<br>Baked Beans/Chips<br>Mixed Salad<br><br>Jelly/ Fruit                            | Fish Fingers<br>Sweet Corn<br>Mashed Potato<br><br>Strawberry muffin                      | Baked gammon<br>Mixed Veg/Stuffing<br>Mashed Potatoes<br><br>Flake Meal Biscuit | Chicken Crumble<br>Carrots<br>Pasta/ Mash Potato<br><br>Ice Cream Roll |
| <b>Week Tw0</b><br>5/10/20    | Irish Stew<br>Carrots<br><br>Chocolate Muffin                   | Sausages<br>Beans/Peas<br>Mashed Potatoes<br><br>Rice Krispie Square                            | Cheese & Tomato<br>Pizza<br>Sweet Corn<br>Pasta or Mash Potato<br><br>Short Bread Biscuit | Fresh fish<br>Broccoli/ carrots<br>Mashed Potatoes<br><br>Jelly /Fruit          | Steak Burger<br>Peas<br>Chip/ Mash Potato<br><br>Ripple Ice cream      |
| <b>Week Three</b><br>12/10/20 | Pasta Bolognaise<br><br>Fruit yogurt                            | Roast Chicken/Gravy<br>Stuffing/ Carrots &<br>Parsnips Roast &<br>Mash potato<br><br>Artic Roll | Steak Burger<br>Beans/Peas<br>Pasta/ Mashed potato<br><br>Flake meal Biscuit              | Hot Dog & Chips or<br>Mash Potato<br><br>Krispie Square                         | Fish Fingers<br>Sweet Corn<br>Mash Potato<br><br>Strawberry Yogurt     |
| <b>Week Four</b><br>17/10/20  | Sausages<br>Beans/salad<br>Mashed Potatoes<br><br>Ice Cream Tub | Chicken Curry &<br>Rice & Peas<br><br>Fruit Yogurt  | Steak Burger<br>Broccoli/ Coleslaw<br>Mashed Potato<br><br>Chocolate Muffin               | Fresh Fish Goujons<br>Sweet Corn<br>Chips/Mash Potato<br><br>Shortbread         | Pasta bolognaise<br>Peas<br><br>Krispie Square                         |

# school food

Try Something New today

[www.schoolfoodni.com](http://www.schoolfoodni.com)

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional Information on allergens or Special diets please contact the school in the first instance



Milk & Water available daily

Bread & Fruit available daily

Menu subject to deliveries

If a child has an allergy, please contact the Principal/catering supervisor